

Lacrosse Volunteer Opportunities

What	Responsibilities	Time Commit
VP Technical Development	Ensure Coaching clinics for all disciplines offered, technical clinics for improvement at all levels/disciplines	Six meetings/year plus clinic planning, etc
Lobster Trap Chair	Plan and execute (with committee help) a successful Midget Lobster Trap Tournament in July 2011.	Few hours a week May-June (planning), tournament weekend
Garnet Knight Chair	Plan and execute a successful Garnet Knight Tournament in July 2011.	Few hours a week May-June (planning), tournament weekend
Communication Team	Assist the Communications Team Lead on projects	1-2 hours/week
Goalie Clinic	Assist in the planning and/or execution of the annual Goalie Clinic in March/April 2011	Planning - 6 hours, Event - 6 hours
Gear Swap	Assist in the planning and/or execution of the annual Gear Swap in March/April 2011	Planning - 6 hours, Event - 6 hours
Technical Facilitators	Execute technical lacrosse sessions for schools, summer camps, recreation groups, etc	As requested
Sledge Lacrosse	New pilot program being offered, would be building the sport in NS.	unknown
"General" Volunteer	Range from working at a booth (Sport Fair, Festivals, etc) promoting lacrosse to helping with registration at various events	LOW
Newsletter Story Assistant	Collect stories & photos from our leagues & teams and submit for printing in our newsletter	1 hour/week May-October

What	Responsibilities	Time Commit
Drop Nets - Tyke	Make sure drop down net blockers are available at all arenas for all tyke games	Once a week from May-early July
MMLL Protest/Appeals	Sit on the committee and attend hearings when protests/appeals occur	Varies throughout season
MMLL Board Member*	Protest/Appeals, Commissioner, Members-at-large, nominating committee member, etc	2 hours once every 2 weeks
Mini-Tyke League	Coaching/general helpers	2 hours/week
Girls Coordinator	Ensure girls recruitment program in place, team placement, oversee divisions	Varies throughout season
Promotions & Advertising		Mainly pre-season

* = descriptions posted www.mml.ca

What	Responsibilities	Time Commit
Secretary	Note taking and calling the meetings for the NSLOA	

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Registration	On-site registration of athletes at the Try Lacrosse event near you	2 hours
Promotions	Flyer hand out/poster delivery/general promotions in your area	4 hours
Gear Tracking	Ensures gear is collected and delivered to the next Try Lacrosse location	low if efficient
On-Floor Help	Keeping children moving, assisting with technique at event near you	2 hours

What	Responsibilities	Time Commit
Coaches	Assisting teams in learning necessary skills and organization for a game	2.5 hours/week - Aug-Oct
Women's Field - U12	Promotion & Recruitment targeted at the younger age group & basic coaching/skill development on the field	1.5 hours week/Aug-Oct
Women's Field Umpires	Officiate Women's Field games - training available	2 hours/week - Aug-Oct
Promotions	Flyer hand out/poster delivery/general promotions in your area	4 hours